

333 Controlled Substances and Alcohol Use Testing Program

The Board of Directors recognizes that drug abuse and alcohol misuse in today's society is a very serious problem that impacts the workplace. The Board of Directors also recognizes the significant threat that a drug or alcohol impaired driver working in the ESD can pose to children, employees, and to the general public.

In order to address the safety threat presented by the problem of drug abuse and alcohol misuse in the transportation industry, the Department of Transportation (DOT) and the Federal Motor Carrier Safety Administration (FMCSA) have established extensive regulations requiring drug ("drugs and "controlled substances" mean the same thing in this policy) and alcohol testing under certain circumstances.

The Board of Directors directs the superintendent to establish programs and procedures as mandated by and in accordance with the Department of Transportation (DOT) and the Federal Motor Carrier Safety Administration (FMCSA) controlled substances and alcohol testing rules.

Prohibited alcohol and controlled substance-related conduct: The following alcohol and controlled substance-related activities are prohibited by the ESD for drivers required to possess a commercial driver's license (CDL) as part of their job responsibilities. Violations shall result in appropriate corrective action ranging from removal from the performance of safety-sensitive functions up to and including discharge:

1. Reporting for duty or remaining on duty to perform safety-sensitive functions while having an alcohol concentration of .04 or greater.
2. Being on duty or operating a vehicle while the driver possesses alcohol. (Note: this is not a DOT requirement, but is required under ESD authority. If a driver possesses alcohol pursuant to this section, a reasonable suspicion non-DOT alcohol test will be conducted)
3. Using alcohol while performing safety-sensitive functions.
4. When required to take a post-accident alcohol test, using alcohol within eight hours following the accident or prior to undergoing a post-accident alcohol test, whichever comes first.
5. Refusing to submit to an alcohol or controlled substance test required by post-accident, random, reasonable suspicion, or follow-up testing requirements.
6. Using alcohol within four hours prior to performing safety sensitive functions.
7. Reporting for duty or remaining on duty when using any controlled substance. Prescription Medications: No driver may possess any

prescription medication or report to work while using any prescription, except when he/she is under a doctor's care and the doctor has advised the driver that the substance does not affect his/her ability to operate a commercial motor vehicle. The use of medication that could affect a driver's safe job performance is prohibited while working. The driver shall report to the ESD human resources representative (responsible for maintaining confidential medical files), the use of any prescribed medication and, without identifying the medication, shall provide a certificate from the driver's doctor that the use of the medication will not impair the driver's ability to safely perform his/her duties. If, as a result of testing under this policy, the driver is found to have the presence of controlled substances in the body which is a result of the use of his/her legally prescribed medication that has not been reported, the driver shall be removed from service without pay until it is determined that the use of medication will not impair the driver's ability to safely perform assigned duties. This is an ESD requirement; not a DOT mandated requirement

8. Reporting for duty, remaining on duty, or driving, if the driver tests positive for controlled substances.

No employer/supervisor having actual knowledge of the above violations shall permit a driver to perform or continue to perform safety sensitive functions.

Testing Requirements: The following identify the occasions on which a driver shall be subject to alcohol or controlled substances testing. The superintendent is responsible for the development and implementation of procedures for conducting the tests and administering the exemptions consistent with the federal rules.

1. Pre-employment testing: Prior to the first time a driver performs a safety-sensitive function for the ESD, the driver shall undergo testing for controlled substances. This testing requirement may be waived under FMCSA rules for CDL drivers recently employed elsewhere for whom testing records are available from their previous employers.
2. Post-accident testing: Each surviving driver of an accident, as defined by the FMCSA, shall be tested for alcohol and controlled substances.
3. Random testing: Annually the ESD will arrange for the unannounced random alcohol and controlled substances testing of its drivers. A minimum of fifty percent (50%) of the drivers employed by the districts participating in the consortium must be randomly selected for controlled substances testing each year, and a minimum of ten percent 10% of the drivers for alcohol testing (or whatever level of testing is required in a given year by the FMCSA). Alcohol testing under this program shall take place just prior to, during or immediately after the driver engages in a safety-sensitive function for the ESD.
4. Reasonable suspicion testing: A driver must submit to alcohol or controlled substance testing whenever a trained supervisor has a reasonable suspicion of alcohol misuse or controlled substance use

based on specific, contemporaneous and articulable observations concerning the appearance, behavior, speech or bodily odors of the driver. Observations related to using alcohol must be made just prior to, during or immediately after the driver engages in a safety-sensitive function for the ESD, and the alcohol test must be given within eight hours following the determination of reasonable suspicion.

5. Return-to-duty testing: If a driver is to be returned to performing safety-sensitive functions for the ESD after violating this policy or the federal regulations, the driver shall be evaluated by a substance abuse professional (SAP) who shall determine what assistance the driver needs in resolving problems associated with alcohol misuse and use of controlled substances. SAP's must require education and/or treatment in all such cases. If a driver is to be returned to performing safety-sensitive functions for the ESD following a violation of this policy or the federal regulations, the driver shall first be evaluated by a SAP to determine that the driver has properly followed any rehabilitation prescribed. Before a driver could be returned to performing safety-sensitive functions for the ESD following a violation of this policy and/or the federal regulations, the driver shall undergo a return-to-duty alcohol and/or controlled substances test resulting in an alcohol concentration below .02 alcohol concentration or a negative controlled substances test.
6. Follow-up testing: Any driver that continues performing safety-sensitive functions for the ESD, following a violation of the alcohol or controlled substances prohibited conduct shall be subject to unannounced follow-up alcohol and/or controlled substances testing as directed by a SAP. Follow-up alcohol testing shall be conducted only just prior to, during or immediately after the driver performs safety-sensitive functions.

Record Retention and Reporting: The superintendent is responsible for developing procedures for securely retaining records collected under this policy with controlled access and for the time periods established by the federal regulations. The superintendent is also responsible for developing procedures for reporting data collected under this policy as required by the federal regulations.

Education, Training and Referral Services: The superintendent shall adopt educational materials that explain the requirements of this policy and the federal program. The educational materials shall be distributed to each driver prior to the start of the testing program and to each driver subsequently hired or transferred into a position covered by this policy. Each driver after receiving a copy of the materials, shall sign a certificate of receipt and the ESD shall maintain the original of the receipt. The collective bargaining representative of the drivers, if any, shall be notified of the availability of this information. The educational materials shall include:

1. A copy of this policy and related procedures.
2. The name of the person designated to answer questions about the materials.
3. The categories of employees covered by the policy.

4. A description of safety-sensitive functions, so that employees will know which part of their tasks will be covered by this policy.
5. A specific description of conduct prohibited by this policy and the federal program.
6. The circumstances under which a driver is subject to testing.
7. The procedures used in the testing program, especially those that protect the driver and the integrity of the testing processes, safeguard the validity of the test results, and ensure that those results are attributed to the correct driver.
8. The requirement that drivers must submit to testing required by this policy and the federal program, and a description of what constitutes refusal to submit to required testing and the consequences of refusal.
9. The consequences for drivers who violate this policy and the federal program, including immediate removal from conducting safety-sensitive functions.
10. The consequences for drivers found to have alcohol concentrations between 0.02 and 0.04.
11. Information about the effects of alcohol and controlled substances on an individual's health, work and personal life and methods of intervening when a problem with alcohol or a controlled substance is suspected, including confrontation, referral to the staff assistance program and referral to management.

Supervisors designated to determine if reasonable suspicion exists must have at least sixty minutes of training on alcohol misuse and at least sixty minutes of training on use of controlled substances. The training shall cover the physical, behavioral, speech and performance indicators of probable alcohol misuse and use of controlled substances.

The employed driver who violates this policy or the federal regulations shall be informed of resources available for evaluation and resolving problems associated with the misuse of alcohol and use of controlled substances, including the names, addresses, and telephone numbers of SAPs and counseling and treatment programs. Costs incurred by the driver for evaluation and/or rehabilitation are the driver's responsibility (other policies may apply).

Legal Reference: 49 CFR Parts 382.101-382.605
 49 CFR Part 40