



The Starting Line

A Newsletter of the Infant Toddler Early Intervention Training Program

Fall • 2002

Volume 6 • Number 1

Early Intervention Training News

Fall Has Arrived!

Dear Early Intervention Services Providers,

Recently, President Bush has focused on education initiatives such as **No Child Left Behind** (to include children with disabilities) and early literacy. For early intervention services providers, this is an important time to reevaluate our efforts in early identification, services and supports, so that families can build a good foundation for learning for their infants and toddlers. This issue of the Starting Line contains ideas, contacts and training opportunities to help you.

As we enter another contract year, with strained resources, we are particularly grateful for your continuing efforts to serve infants and toddlers with developmental delays and their families in Washington State.

Sincerely,

Sandy Loerch, Program Director

On behalf of the Infant Toddler Early Intervention Program

GREAT IDEAS

Early Literacy

Literacy is not easy to define. Becoming literate is a multifaceted phenomenon and includes mastering a complex set of understandings, attitudes, expectations and behaviors. Early literacy activities look quite different from more mature, conventional forms of reading and writing. Writing and reading can enter young children's lives in many ways.

- Talking
- Playing
- Scribbling and drawing
- Using symbols
- Pretend play

Early literacy does not simply happen. It is a part of a social process, embedded in children's relationships with parents, siblings, grandparents, friends, caretakers, and teachers. Reading books is a powerful way of introducing infants and toddlers to literacy. They learn what books are, what you do with them, and how you talk about them. They learn that written language has its own rhythms and conventions. They learn that written words create imaginary worlds.

For a more in-depth look at this topic, read the article, *The Beginnings of Literacy*, Joan Brooks-McLane and Gillian Dowley McNamee, edited and published by *Zero to Three Journal*, September, 1991. www.zerotothree.org/begin.html

THE STARTING LINE will continue to focus on early literacy in coming issues

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Basic Training Year 1

This training is to serve as the initial orientation and training for FRCs required for initial state registration. Participants will gain knowledge and understanding of the early intervention program, requirements of FRCs and skills in facilitating the development of an IFSP.

Trainings are presented via Interactive Video Conferencing at nine ESDs across the state.

Fall 2002

Oct. 29, 2002 - 8:30 a.m. - 3:30 p.m.

"Welcome and Overview of Early Intervention in Washington"

Nov. 5, 2002 - 8:30 a.m. - 3:30 p.m.

"The Role of FRCs and IFSPs"

Nov. 6, 2002 - 8:30 a.m. - 3:30 p.m.

"Developing IFSPs" • Cost: \$25 • Register by Oct. 18 for this series.

Training will take place at nine ESDs across the state for each of the above dates. Clock hours and university credit available.

Spring 2003

April 17, 2003 - 8:30 a.m. - 3:30 p.m.

"Welcome and Overview of Early Intervention in Washington"

May 1, 2003 - 8:30 a.m. - 3:30 p.m.

"The Role of FRCs and IFSPs"

May 2, 2003 - 8:30 a.m. - 3:30 p.m.

"Developing IFSPs" • Cost: \$25 • Register by April 7, for this series.

Training will take place at nine ESDs across the state for each of the above dates. Clock hours and university credit available.

Year 2 Training

Year 2 Training is for FRCs who completed Basic Training between Oct. 1, 2001 and Sept. 30, 2002, and who are registered as an FRC. FRCs in this category **MUST** complete Year 2 Training in order to maintain state registration.

Year 2 FRCs

must attend ONE of the following:

Jan. 29, 2003 - 8:30 a.m. - 3:30 p.m.

Training will take place at nine ESDs across the state via Interactive Video Conferencing. **OR**

May 7, 2003 - 8:30 a.m. - 3:30 p.m. at Infant Toddler Early Childhood Conference in Yakima, WA

Leadership and the Family Resources Coordinator: Exploring the Role

The Family Resources Coordinator plays a critical leadership role in the appropriate delivery of services to children under Part C of the IDEA. From coordinating services for specific children and families to facilitating communication and collaboration with service providers, the FRC has many opportunities to influence the effective delivery of these programs. This seminar will explore three essential elements of this role: Communication, Collaboration and Conflict Management, and the skills essential to each.

Greg Abell, Sound Options Group, L.L.C.

Fee: \$10 (clock hours available)

In addition, Year **2 FRCs must** also complete **six** contact hours of continuing education training.

Map of ESDs and Registration form are on page 7.

Year 3 Training

FRCs who have completed both the Basic FRC and Year 2 Training, and have provided FRC services for at least two years, choose continuing education training to meet the requirement for a minimum of 12 contact hours per year in order to maintain state registration as an FRC. Included in this newsletter is an extensive list of training opportunities throughout the state that will meet the requirements for Year 3 and Beyond continuing education and training. In addition, a form is included for reporting hours.

NOTE: If you have taken FRC training, but are not registered with ITEIP, please call Carol Hall, ESD 112 (360) 750-7500 or Kathryn Grant-Davis, ITEIP Program Liaison, (360) 902-8493.

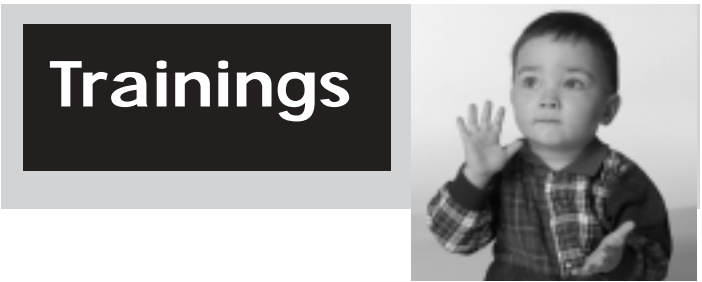
FRC Focused Training

Can be used as continuing contact hours for Year 2 or Year 3 & Beyond

The Impact of Poverty on Learning
WAEYC Annual Conference, Yakima, WA West Coast Gateway
Hotel Vineyard Ballroom
Oct. 16, 2002, 9 a.m. - 4 p.m.

This preconference session at the WAEYC Annual Conference will focus on children from homes in generational poverty and the unique characteristics that impact their success in learning environments. Based on Ruby Payne's *A Framework for Understanding Poverty*, this session will look at ways that poverty influences learning and some specific information about how the hidden rules of schools and other institutions, language differences, and family structure impact children's ability to experience the same success as children from middle class backgrounds.
 Presenter: Mary Perkins—Early Childhood Coordinator ESD 113
 Fee: None
To register: This session is open to the public; priority will be given to Family Resources Coordinators. Contact Connie Salzman at connie.salzman@esd112.org or (800) 562-1711, ext. 236.

The Art of the IFSP
Infant Toddler Early Childhood Conference, Yakima, WA
May 7, 2003, 9 a.m. - 4 p.m.
 Preconference Session Infant and Early Childhood Conference Bellevue, WA. This workshop is designed to provide information on current trends and issues, skill building, and an opportunity to network with other FRCs in the state.
 Presenters: ESDs of Washington - Family Resources Coordination Training Project
 Fee: \$10
 Registration for this day must be done through Infant and Early Childhood Conference.



Sept. 2002 - April, 2003
9/27, 10/18, 11/15, 12/13, 1/31, 2/28, 3/28, 4/25, 5/30
Early Childhood Strand: 1/22, 2/26, 3/26, 4/23

Autism Spectrum Disorder Training Series
 ESDs and other locations on K20
 Topic: This series will provide participants with a comprehensive foundation on effective educational and behavioral intervention strategies for students with autism spectrum disorders.
 Fee: \$225/person for the entire series/clock hours available
 Contact: Nancy Osterhout (360) 416-2390, Autism Outreach Project.
nosterho@esd189.org

Oct. 9, 2002
10 a.m. - 5 p.m.
 The Language Conumdrum: Language, Communication, Assistive Technology and Autism
 Audience: Parents and professionals working with and supporting children with autism spectrum disorders. Intermediate level course.
 Instructor: Barbaralyn Harden, M.S., C.C.C.-SLP
 Topic: Interventions, inter-relationship of language and communication, assistive technology.
 Fee: \$85/person/ clock hours available
 Contact: Nancy Osterhout (360) 416-2390, Autism Outreach Project.
nosterho@esd189.org
 [This session will be repeated March 25, 2003 - Yakima, WA]

Oct. 10-12, 2002
8:30 a.m.-4:00 p.m.
 Using the Bayley Scales of Infant Development: The Bayley II
 ESD 113 - Olympia, WA
 Audience: All teaching, administrative, and staff in school districts, social service programs, child care, family education and other community programs.
 Fee: \$260/person/credit and clock hours available
 For information contact ESD 113 Special Programs at (360) 586-2945

Oct. 11-12, 2002, Fri. & Sat.
 You Are the Expert
 Wenatchee, WA - Red Lion Inn
 Audience: Parents, advocates, educators, other professionals and interested people
 Fee: \$75/person including meals.
 For information phone, 1-800-572-7368 or email: wapave@washingtonpave.com
 Conference registration can also be completed on-line @ www.washingtonpave.org

Oct. 17-19, 2002
 2002 Annual Conference/Looking Through the Kaleidoscope
 Yakima, WA
 Audience: Educators, caregivers and others who work with children
 Topic: Embrace diversity, counteract bias, adopt inclusive attitudes, promote partnerships, networking and collaboration between educators, families, providers, schools, agencies and the community.
 Fee: Varies/scholarships available/STARS, college credit, and clock hours available.
 Contact: Washington AEYC (253) 854-2565, ext 13.
selena@waeyc.org

Family Resources Coordinator (FRC) Training

FRC Training Sequence
Register for training with ESD 112

YEAR 1

3 Day Basic Training • available at 9 ESDs

Register as an FRC
with the ESD 112 - Vancouver

YEAR 2

Skill-Building Training • Check for Specific Dates

Attend a one day video conference plus six contact hrs. training

Submit report forms

Registration is renewed at ESD 112 upon
attendance completion

YEAR 3 & Beyond training related to:

Early Intervention • Role as an FRC

12 Contact Hours/FY

Submit report forms

Maintain registration as an FRC
 with the ESD 112 - Vancouver
 ESD 112 1-800-562-1711, ext. 236

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Trainings continued from page 3

Oct. 17-19, 2002

9th Annual Conference of the Western Alliance of School Social Work Organization
Healthman Lodge, Vancouver, WA

Topic: Brains and games/active learning links to brain development in children.

Contact (360) 482-6631. AnnPulk@cs.com

Oct. 24-25, 2002

9 a.m. - 4 p.m.

Building Blocks To Successful Collaborations
Everett, WA – The Village Conference Center
14 E Casino Road, Everett, WA 98208

Fee: Yes/credit Available

For information contact, Colleen Wartelle at (425) 353-5656, ext. 34 or by email @ colleen@childrensvillage-everett.org

Day 1: The communication skills needed to work in partnership with families and organizations.

Day 2: The practical strategies needed to build effective inter and intra-agency collaborations.

Instructor: Mr. Daniel Comer

Oct. 25, 2002

9 a.m. - 4 p.m.

Linking Assessment to Instruction for Students with Autism Spectrum Disorders

Audience: Parents and professionals working with and supporting children with autism spectrum disorders.

Instructor: Ilene Schwartz, Univ. of Washington

Topic: Participants will learn about assessment techniques that are doable in the classroom and how these techniques can be used to inform our instructional practices.

Fee: \$85/person/clock hours available

Contact: Nancy Osterhout (360) 416-2390, Autism Outreach Project.
nosterho@esd189.org

Oct. 27-29, 2002

Weaving a Future of Hope for Washington's Children

Yakima Convention Center, Yakima, WA

Audience: Advocates, service providers, parents, grant makers, policy makers, and community leaders.

Topic: Bring together child advocates to build skills, recognize outstanding work, support each other and motivate.

Fee: Yes

Contact Emily Janikowski at Children's Alliance, (509) 547-5538.
ejanikowski@mcmgt.com

Nov. 1, 2002

9 a.m. - 4 p.m.

Starting a Home Program for Children with Autism Spectrum Disorders

Northwest ESD 189, Mount Vernon, WA

Audience: Parents and professionals working with and supporting children with Asperger's and high-functioning autism.

Instructor: Cori Valley

Topic: Learn the many treatments that can be blended to form an individualized program in the home.

Fee: \$85/person/clock hours available

Contact: Nancy Osterhout (360) 416-2390, Autism Outreach Project.
nosterho@esd189.org

Nov. 9, 2002

Sat., 8 a.m. - 4:30 p.m.

Every Child Deserves a Medical Home Training Program

Spokane, WA

Fee: \$50 for all participants (No charge for medical residents and parents of children w/special needs) Additional parent stipends available CME: Up to 6 ME credit hours available. For information contact, *The National Center of Medical Home*

Initiatives for Children w/Special Needs American Academy of Pediatrics

(800) 433-9016, ext. 7081 or by email, mhtraining@aap.org

www.medicalhomeinfo.org (click on training programs, then click on upcoming training sites)

Nov. 18-20, 2002

Promoting First Relationships: Meeting the Social and Emotional Needs of Young Children

Silver Cloud Hotel – Seattle

Audience: Professionals who work with caregivers and children age 3 and younger.

Topic: Course topics include Consultation Strategies, Elements of a Healthy Relationship, Infants and the Path to Security, Toddlers and the Path to Independence, Understanding Children's Challenging Behaviors and Developing Effective Intervention Plans.

Fee: \$575

Contact: The Family and Child Nursing Department at the U of W,
(206) 543-8528. ncast@u.washington.edu

Nov. 26, 2002

Children at Risk

Deaconess Health Education Center, Spokane

Audience: Health care providers who care for infants and children who may be at risk as victims of child abuse.

Topic: Assessment and diagnosis of infants/children who have been abused, provider responsibilities, interventions, confidentiality, risk factors, and family factors.

Fee: Yes

Contact: Inland Northwest Regional & Perinatal Center
(509) 474-7205

Resources

Starting Point is a FREE guide to services and information for Washington families who have children with special health needs. The guide is produced by the Center for children with Special Needs, a program of Children's Hospital and Regional Medical Center. There is information on childcare, finances, family support, transportation and more. The guide also includes tips from parents on how to get help. Starting Point can be used alone or with a local county or city guide. You can find the guide at: <http://www.cshcn.org>. For additional information contact Megan Sety (206) 527-5709, Ext.1 or msety@chmc.org.

Children who have special health care needs or developmental disabilities face various challenges. The **Healthy Mothers, Healthy Babies Coalition of Washington's A.S.K. (Answers for Special Kids) Resource Line** information and referral line can help! Through the A.S.K. Resource Line, families can learn about and connect with local resources to assist them with their questions about child development, evaluation and treatment services, medical financing, recreational opportunities, parent support groups and other information relating to children with special needs. Promotional materials to share with clients and staff are available in both English and Spanish and are free of charge. Help connect your clients with a valuable resource in their community—call the **A.S.K. Resource Line** at **1-800-322-2588** today!

Early Literacy

Children's brains are wired to learn about the world in which they live, long before they read and write, they communicate about what they see and do and learn. They cry, they babble, they point, they scribble and draw. Research shows that a rich array of preliteracy experiences is essential to helping children become literate. *When you talk to a baby, when you sing a lullaby, when you respond to a baby's first sounds, you start to put those blocks in the foundation. When a child explores the world and talks about it with friends, when you give a child pencil and paper, or teach a child to sign, you and the child are building that FOUNDATION!*

Children can have these experiences whether they are with their families or in child care.

Sharing books...

- Helps create a special bond between parents and children.
- Introduces children to art through the illustrations.
- Enhances children's listening skills.
- Introduces children to a wide variety of experience.
- Helps prepare children for learning to read.
- Improves and enriches the quality of children's lives.
- Provides fun and enjoyment for children and adults.

When to share books

- Begin when your child is born.
- Set aside a special time each day, such as nap time, bedtime, or after meals.
- Share books when you and your child are in a relaxed mood.
- Limit sharing time if your child becomes fussy or restless.
- Take advantage of "waiting" times to share books—on trips, at the doctor's office, in line at the grocery store.
- Soothe a child who is sick or cranky.

How to share books

- Find a comfortable place to sit (a rocking chair is wonderful).
- Recite or sing rhymes from your favorite books.
- Turn off other distractions—television, radio, or stereo.
- Hold the book so your child can see the pages clearly.
- Involve your child by having him or her point out objects, talk about the pictures, or repeat common words.
- Read with expression.
- Vary the pace of your reading—slow or fast.
- Find other titles by the authors and illustrators included in this list.
- Have your child select books to read.
- Reread your child's favorite books whenever asked.

And remember...

- Be enthusiastic about books.
- Be an example for your child—let her or him see you read books, too.
- Keep a wide selection of reading materials at home.
- Be aware of your child's reading interests.
- Give books as presents.
- Begin to build a child's home library.
- Get to know the children's librarian at your local public library.
- Use your local library regularly and register your child for a library card.

Some good books to share

- Baker, Keith; Big Fat Hen, Harcourt Brace, 1994.
- Bang, Molly; Ten, Nine, Eight, Greenwillow, 1983.
- Brown, Marc; Play Rhymes, Dutton, 1985.
- Brown, Margaret Wise; Goodnight Moon, Harper, 1947
- Carle, Eric; The Very Hungry Caterpillar Putnam, 1981
- Crews, Donald; Freight Train, Greenwillow, 1978.
- DePaola, Tomie; Tomie DePaola's Mother Goose, Putnam, 1985.
- Field, Eugene; Wynken, Blynken, & Nod, illust. by Johanna Westerman. North-South Books, 1995.
- Fleming, Denise; Mama Cat Has Three Kittens, Henry Holt, 1998.
- Fox, Mem; Time for Bed, Harcourt, 1993.
- Hill, Eric; Where's Spot?, Putnam, 1987.
- Ho, Minfong; Hush! A Thai Lullaby, Orchard Books, 1996.
- Jonas, Ann; When You Were a Baby, Greenwillow, 1982.
- Keats, Ezra; Jack Peter's Chair, Harper, 1967.
- Martin, Bill, Jr. Brown Bear, Brown Bear, What Do You See? Holt, 1984.
- McBratney, Sam; Guess How Much I Love You, Candlewick Press, 1995.
- McMullen, Kate; If You Were My Bunny, Scholastic, 1996.
- Opie, Iona; My Very First Mother Goose, Candlewick, 1996.
- Oxenbury, Helen; Tom and Pippo Read a Story, Simon & Schuster, 1998
- Steptoe, John; Baby Says, Lothrop, 1989.
- Tafari, Nancy; Have You Seen My Duckling?, Greenwillow, 1984.
- Weiss, Nicki; Where Does the Brown Bear Go?, Penguin, 1989.
- Wellington, Monica; Night Rabbits, Dutton, 1995.
- Wells, Rosemary; Max's Bedtime, Dial, 1998.
- Williams, Vera B.; "More, More, More," Said the Baby: Three Love Stories, Greenwillow, 1990.

Revised by the Preschool Services and Parent Education Committee, Association for Library Service to Children, American Library Association.



Immunizations for Babies

A Guide for Parents

These are the vaccinations your baby needs!

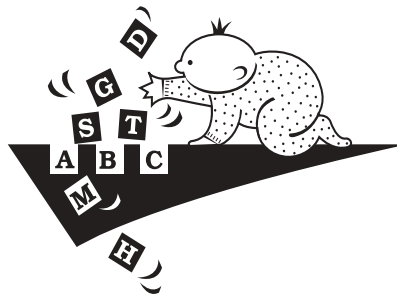
At birth	Hep-B			
1-2 months	Hep-B ^{1-4 months} 1			
2 months	DTaP	Hib	Polio	PCV7
4 months	DTaP	Hib	Polio	PW7
6 months	DTaP	Hib ²	Polio ^{6-18 months} 1	PCV7 Hep-B ^{6-18 months} 1
12 months	MMR ^{12-15 months} 1	Hib ^{12-15 months} 1	Chickenpox ^{12-18 months} 1	PCV7 ^{12-15 months} 1
15 months	DTaP ^{12-18 months} 1, 3			

Check with your doctor or nurse to make sure your baby is getting immunized on time. Also make sure you ask your doctor or nurse to give you a record card with all the dates of your baby's shots and be sure to bring it to every visit.

- Hep-B** protects against hepatitis B, a serious liver disease
- DTaP** protects against diphtheria, tetanus (lockjaw), and pertussis (whooping cough)
- Hib** protects against Haemophilus influenza type b
- Polio** inactivated (injected) vaccine (IPV) protects against polio
- PCV7** pneumococcal conjugate vaccine protects against serious pneumococcal infections
- MMR** protects against measles, mumps, and rubella (German measles)
- Chickenpox** varicella zoster vaccine protects against chickenpox

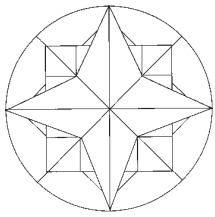
1. This is the age range in which this vaccine should be given.
2. Depending on the brand of Hib vaccine used for the 1st and 2nd doses, a dose at 6 months of age may not be needed.
3. DTaP may be given as early as 12 months if 6 months have elapsed since the previous dose and if the child might not return by 18 months of age.

Immunization Action Coalition • 1573 Selby Avenue • St. Paul, MN 55104 • (651) 647-9009 • www.immunize.org



Washington AEYC Conference * October 17-19, 2002 * Yakima

Enjoy the beauty of Yakima in the fall!

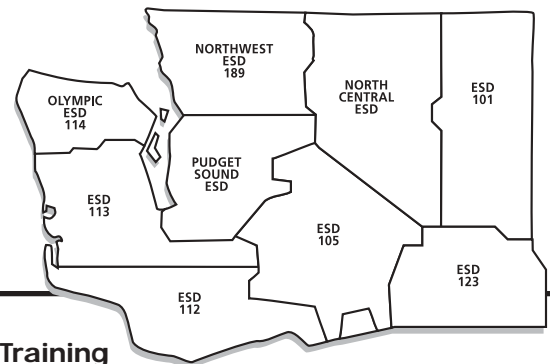


Learn in coordinated tracks or design a schedule that meets your needs. Find support and share resources with others in networking groups. Explore the vendor hall for new resources. Discover the energy and renewal that comes when you are surrounded by other professionals. MEET YOUR STARS REQUIREMENTS, earn college credits or clock hours and further your professional development. Most importantly, come.

KEYNOTE PRESENTATIONS BY: DR. JOHN MEDINA, CONSTANT HINE & FRANK LETO

Regístrese en un horario consecutivo o escoja el horario que le convenga. Encuentre apoyo y comparta recursos con otros en los grupos de redes de trabajo. Explore el salón de ventas donde encontrará nuevos recursos. Descubre la energía y renovación que viene cuando está rodeado de otros profesionales como usted. Cumpla con su entrenamiento de STARS, reciba créditos universitarios o horas acreditadas por OSPI fomentando su desarrollo profesional. Más importante aún, venga.

Call (253) 854-2565x13 to be placed on the mailing list.



Registration Form Family Resources Coordinator Training

Name _____

Organization _____ Position _____

Address _____ City _____ State _____ Zip _____

Work Phone _____ Fax _____ Home Phone _____

E-mail _____ County _____

Session/Date attending _____ ESD attending _____ Fee \$ _____

Make check/PO payable to ESD 112 Payment Method: Check _____ PO _____

Please mail or Fax registration form to
 Educational Service District 112 • Connie Salzman
 2500 NE 65th Ave • Vancouver, WA 98661-6812
 1-800-562-1711 • FAX: (360) 906-1010
 (360) 750-7500 ext. 236 Account Code # 12-16-05-342

ESD 112 complies with all state and federal rules and regulations and does not unlawfully discriminate on the basis of race, color, creed, religion, national origin, age, sex, marital status, or the presence of any sensory, mental, or physical disability. This holds true for all district employment and opportunities, and service delivery systems. Inquiries regarding compliance and/or grievance procedures may be directed to Human Resources Director (360) 750-7503. Any questions regarding access to written materials, facilities, or programs should be directed to Carol Hall, (360) 750-7507

Educational Service District Contacts

Carol Hall - Lead ESD
Educational Service District 112
(360) 750-7500
carol.hall@esd112.org

Joe Heuther
Educational Service District 123
(509) 547-8441
jheuther@esd123.org

Sandra S Zambelan
Educational Service District 101
(509) 456-7086
sszambelan@esd101.net

Pam Hannah
North Central ESD
(509) 665-2618
pamhannah@ncesd.org

Teri Clifford
Puget Sound ESD
(206) 439-6936
tclifford@psesd.wednet.edu

Katherine Cove
Educational Service District 105
(509) 454-3108
katherinec@esd105.wednet.edu

Carol Taylor
Northwest ESD
(360) 416-3412
ctaylor@esd189.org

Kathryn Grant-Davis
ITEIP Program Liaison
(360) 902-8493
grantke@dshs.wa.gov

Mary Perkins
Educational Service District 113
(360) 586-0212
mperkins@esd113.k12.wa.us

Mary Fischer
Olympic ESD
(360) 478-6866
mfischer@oesd.wednet.edu

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Department of Social & Health Services

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Title: _____

Affiliation: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

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ESD¹¹²

Educational Service District 112
2500 NE 65 Avenue
Vancouver, WA 98661-6812