



The Starting Line

A Newsletter of the Infant Toddler Early Intervention Training Program

Fall • 2004

Volume 6 • Number 7

Early Intervention Training News

Dear Early Intervention Providers,

As we start another school year and another contract year, it is important to consider evidence-based practices for infants and toddlers. Although we operate most educational systems on a ten-month calendar, brain development research indicates that, for infants and toddlers, learning is a year-round daily activity. Every waking moment presents potential for learning. This is why Part C services are to be twelve-month services and to occur in everyday routines, settings and activities. It is essential to have natural learning environments incorporated into all Individualized Family Service Plans.

The IDEA Infant Toddler Coordinators Association (ITCA April 3, 2000) believes that the core mission of early intervention services is to support families to provide learning opportunities for their child within the activities, routines, and events of everyday life. This implies that families are usually the primary individuals supporting the child's growth, development and learning and that it is critical for professionals to provide services and supports as part of families' daily routines and activities. IDEA, Part C confirms children's rights to receive services in the natural settings of home or places in which children without disabilities participate. ITCA further believes that Part C requirements are consistent with Part B requirements to educate children with disabilities with typically developing peers. The Association believes that it is essential that the early intervention system align with other federal initiatives such as Head Start, Child Care, Maternal and Child Health and the Americans with Disabilities Act.

Here are excerpts from ITCA's principles to consider as you and your communities continue to move forward in delivering services and supports to families in their everyday routines. How can you help assure each of these in local services?

The concept of providing early intervention services as part of routines and daily activities is embedded in all written materials, public awareness strategies and activities and in every discussion with families and service providers.

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Infant Toddler Early Intervention Program highlighted in Working Capitol, News from Governor Gary Locke,

September 3, 2004 edition.

As Washington students head back to school, parents and caregivers often heave a collective sigh of relief, hoping that they have done everything possible to prepare their children for a successful school year. But preparation for success in school begins much earlier than those final, fleeting weeks of summer. Success in school begins at birth.

Intense early learning starts when a baby is born and continues through the first three years. This period of early learning is the best opportunity to help children develop their minds. These earliest stages are the foundation for a lifetime of learning.

For children with developmental delays or disabilities, these first three years of life are especially critical. Helping our youngest infants and toddlers with disabilities and delays at this early stage-called "early intervention"-can make a lifelong difference. With intervention started as soon as a diagnosis, concern or delay is identified, a child has the greatest developmental gains, and has less chance of developing problems later on in life.

There is a clear link between early brain activity and development. Early intervention makes the most of this opportunity and provides building blocks for ongoing learning and function. It also helps children enter school ready to learn.

Research results show that early intervention programs can prevent developmental problems later in life. This is a great outcome for the child, and it also avoids more costly specialized services later on.

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The Starting Line Online www.esd112.org/spec_st_svcs/index.html

Early Intervention Providers

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Early intervention is provided within activities (bath time, mealtime, play, etc) that occur in natural settings (home, childcare, playground, etc) Clinics, hospitals, therapists' offices, rehab centers and segregated groups are not natural settings. Early intervention occurs in natural groups of children that would continue to exist with or without children with disabilities. Interventions use and develop natural supports in a family's social and cultural network.

Outcomes are identified prior to determining how professional services will be provided. Intervention strategizing begins with identifying and understanding the family's routines and daily activities. Services and supports are provided within these activities.

The primary role of service providers is to serve as consultants who use their expertise to help key individuals who are part of the child's daily environment facilitate progress toward outcomes. No individual may unilaterally determine the setting for service delivery.

Justification for providing services outside a natural learning environment includes documentation supporting the team's decision of why the child's outcomes could not be met even with supplementary supports. The justification includes how services in a specialized setting will be generalized to the child's daily activities and a plan with timelines and supports to return the service to daily routines.

Please consult with your ITEIP program liaison on questions and concerns as you maximize implementation of services in a wide variety of natural learning environments. Additional resources are:

- ITEIP's Natural Environments Guidelines under Publications on the ITEIP website, www1.dshs.wa.gov/iteip/
- Keys to Inclusion under Topics and then Inclusion/Natural Environments on the NECTAC website, www.nectac.org

Your dedication and ongoing efforts continues to make a difference for Washington children and their families. Thank you!

Sincerely,

Sandy Loerch Morris, Program Director
Infant Toddler Early Intervention Program

Working Capitol,

continued from front page

Our state's early intervention program for children with delays or disabilities is called the Infant Toddler Early Intervention Program. Services available through this program include physical, speech and occupational therapy, and a wide variety of other needed social, health and educational services to assist in a child's development. Family resources are also available, including information to help reduce anxieties and address common concerns.

The program is coordinated through the Department of Social and Health Services. It is a partnership of agencies, school districts, community organizations and private providers. These agencies and organizations work together to provide quality, integrated services to young children with developmental delays or disabilities. This partnership served more than 6500 Washington children last year.

Early intervention works. Between October 2002 and September 2003, nearly 20 percent of the children who left the program before or at age 3 no longer needed special programs. Early intervention promotes children's growth and development. It encourages positive parent-child relationships. And early intervention increases a family's capacity to care for their child- and reduces the need for out of home placements.

Parents concerned about a child's development can contact Healthy Mothers, Healthy Babies (1-800-322-2588). Parents can also give permission to a medical provider or family member to call.

Infants and toddlers with disabilities and delays need our help now. Let's do our best to make sure all of Washington's children have the best possible opportunity to start school ready to learn, and ready to succeed.

Quote of the Week *"The first three years of life can make all the difference for children with developmental delays or disabilities. Early intervention-with the many valuable services available in our state-helps infants and toddlers achieve their best potential."* -Governor Locke, September 3, 2004
Sincerely,



Gary Locke
Governor

FAMILY RESOURCES COORDINATOR TRAINING

BASIC FRC TRAINING

This three day training is to serve as the initial orientation and training for FRCs required for initial state registration. Participants will gain knowledge and understanding of the early intervention program requirements of FRCs and skills in facilitating the development of an IFSP.

Fall 2004

October 19, 2004 - 8:30 a.m. - 3:30 p.m.

"Welcome and Overview of Early Intervention in Washington"

November 2, 2004 - 8:30 a.m. - 3:30 p.m.

"The Role of FRCs and IFSPs"

November 3, 2004 - 8:30 a.m. - 3:30 p.m.

"Developing IFSPs"

Cost: \$30

Register by October 8, 2004

April 26, 2005 - 8:30 a.m. - 3:30 p.m.

"Welcome and Overview of Early Intervention in Washington"

May 16, 2005 - 8:30 a.m. - 3:30 p.m.

"The Role of FRCs and IFSPs"

May 17, 2005 - 8:30 a.m. - 3:30 p.m.

"Developing IFSPs"

Cost: \$30

Register by April 13, 2005

Training will take place at nine ESDs across the state for each of the above dates. Clock Hours and University Credit available.

YEAR 2 FRC TRAINING

Year 2 Training is for FRCs who completed Basic Training between October 1, 2003, and September 30, 2004, and who are registered as an FRC. FRCs in this category **MUST complete the Year 2 Training** in order to maintain state registration. In addition, **Year 2 FRCs must** also complete **six** contact hours of continuing education training.

February 4, 2005 • 8:30 a.m. - 3:30 p.m. • Fee \$15
Clock Hours available. Training will take place at nine ESDs across the state. Register by January 21, 2005

Map of ESDs and FRC Training Registration form are on page 7.

May 4, 2005 • 8:30 a.m. - 3:30 p.m. Preconference, Infant Toddler, Early Childhood Conference • Clock Hours available • Meydenbauer Center, Bellevue, WA • Register through Tracy Ulrich, Conference Coordinator 360-629-8181 or email: tracy@tgi.net

Leadership and the Family Resources Coordinator: Exploring the Role (required year 2 FRCs)

The Family Resources Coordinator plays a critical leadership role in the appropriate delivery of services to children under Part C of the IDEA. From coordinating services for specific children and families to facilitating communication and collaboration with service providers, the FRC has many opportunities to influence the effective delivery of these programs. This seminar will explore three essential elements of this role: Communication, Collaboration and Conflict Management, and the skills essential to each. Greg Abell, Sound Options Group, L.L.C.

YEAR 3 FRC TRAINING

FRCs who have completed both the Basic FRC and Year 2 Training, and have provided FRC services for at least two years, choose continuing education training to meet the requirement for a minimum of 12 contract hours per year in order to maintain state registration as a FRC. Included in this newsletter is an extensive list of training opportunities throughout the state that will meet the requirements for Year 3 and Beyond continuing education and training. In addition, a form is included for reporting hours.

NOTE: If you have taken FRC training, but are not registered with ITEIP, please call Carol Hall, ESD 112, 360-750-7500 or Kathryn Grant-Davis, ITEIP Program Liaison, 360-902-8493.



TRAININGS AND EVENTS

SENSORY PROCESSING COURSE

Oct. 2, 2004

Location: Good Samaritan Hospital
Contact Info: Colleen Collins, 253-697-5225

FINDING HEALTH & DISABILITY RESOURCES ON THE INTERNET

Oct. 2, 2004, 10 a.m. - 12 p.m.

Location: Downtown Library, 906 Main, Spokane, WA
Fee: Free
RSVP: Terry Villalovoz, 509-328-6326

AMERICAN SIGN LANGUAGE (ASL) COMMUNITY CLASSES FOR ALMOST ALL AGES!

Oct. 5 through Dec. 7, 2004, Tues. 6:30 p.m. - 8:00 p.m.

Beginning ASL class for adults - Level 1
Teacher: Karen Chriest
Location: Hearing, Speech & Deafness Center 1625 19th Ave., Seattle, WA
Fee: \$99 per person
Registration and Contact Info: Phone Judy Durfee at 206-323-5770, or email, Karen Chriest at education@hsrc.org

BEGINNING ASL CLASS FOR ADULTS - LEVEL 2

Oct. 5 through Dec. 7, 2004, Tues. 6:00 - 7:30 p.m.

Teacher: Ariele Belo
Location: Hearing, Speech & Deafness Center 1625 19th Ave., Seattle, WA
Fee: \$99 per person
Registration and Contact Info: Phone Judy Durfee at 206-323-5770, or email, Karen Chriest at education@hsrc.org

BEGINNING ASL CLASS FOR ADULTS - LEVEL 3

Oct. 6 through Dec. 8, 2004, Weds. - 6:00 - 7:30 p.m.

Teacher: Karen Chriest
Location: Hearing, Speech & Deafness Center 1625 19th Ave., Seattle, WA
Fee: \$99 per person
Registration and Contact Info: Phone Judy Durfee at 206-323-5770, or email, Karen Chriest at education@hsrc.org

FOURTH ANNUAL FOCUS ON AUTISM CONFERENCE

Friday, Oct. 8 and Saturday, Oct. 9, 2004

Location: Washington State University/Vancouver
14204 NE Salmon Creek Ave, Vancouver, WA 98686
Conference Registration 8 a.m. to 4 p.m.
Conference Speakers and Early Registration: \$75 per day or \$100 for both
Registration After 9/15/03: \$90 each day or \$125 for both
*Clock Hours are available
*Continuing Education Credit available

S.E.E. PROGRAM (SEIZURES AND EPILEPSY EDUCATION)

Oct. 9-10, 2004, 9 a.m. - 6 p.m.

Location: Providence Auditorium at Sacred Hart Medical Center
9 East Ninth, Spokane, WA
Fee: Individual \$99 before 10/1/04, \$119 after, \$149, Family

(up to 5) before 10/1/04, \$169 after, \$199 at the door
Registration Information: 800-397-3605, or email
www.theseeprograms.com
Scholarships available - Epilepsy Foundation Northwest
509-325-1128

ASPERGER'S SYNDROME 2004 CONFERENCE IN PORTLAND, OR

Oct. 9-10, 2004, 8:00 a.m. - 4:30 p.m.

Featuring Dr. Tony Attwood from Australia, Dr. Jeanie McAfee and Amelia Davies
Presentations will include diagnoses and treatment of Aspergers, and Navigating the Social World
Location: Embassy Suites, 9000 SW Washington Square Rd, Tigard, OR 97223
Fee and Registration Information: Call Future Horizons at 1-800-489-0727 or visit www.futurehorizons-autism.com

IEP WORKSHOP (INDIVIDUAL EDUCATION PLAN)

Oct. 11, 2004, 6:30 - 8:30 p.m.

Presented by Marion Moore of Eastern Washington
Location: The Arc Community Building, 116 W Indiana, Spokane, WA
Fee: Free
Contact: Terry Villalovoz at 509-328-6326

ST. LUKE'S REHABILITATION INSTITUTE

Oct. 15 & 16, 2004

A Friday evening and Saturday workshop on fabricating adaptive switches and control devices. This workshop is appropriate for all therapists, teachers, aides, parents and volunteers working with children or adults with adaptive equipment needs.
Location: Spokane, WA
Fee: \$135 for both days, plus \$40 for supplies
Registration and Contact Info: Amy Sleeth 509-232-8271

YOU ARE THE EXPERT-CELEBRATING FAMILIES: THE HEART OF SUCCESS

Oct. 15-16, 2004

Statewide Parent Conference, Sponsored by PAVE
Location: Red Lion Hotel, Wenatchee, WA
Fee: \$75
Contact: 1-800-572-7368 or www.washingtonpave.org
deadline to register Oct. 1, 2004

AGES & STAGES OF INFANTS AND AGES AND STAGES OF TODDLERS

Tuesday, Oct. 19, 2004, 7 - 9 p.m. Infants

Thursday, Oct. 21, 2004, 7 - 9 p.m. Toddlers

Learn the different stages and needs of children birth through 36 months. Physical, emotional, cognitive gross/fine motor skills that are developing during these stages will be discussed. Toys and learning needs children have at different ages and stages of development will also be discussed.
Location: Spokane Regional Health District, 1101 W. College Ave. Conference Rooms 310 & 311, Spokane, WA
Fee: \$20 per class, \$40 for both
Registration and Contact Info: Sandy Poole, 509-324-1686, or email: spoole@spokanecounty.org
STARS Hours available

TRAININGS CONTINUED...**CARE OF THE PEDIATRIC RESPIRATORY PATIENT****Oct. 21, 2004**

Pediatric assessment and management of common respiratory pathologies

Location: Deaconess Children's Center, Spokane, WA

Fee: Yes

Contact Info: 509-473-2085

SHIFTING THE PATTERNS OF ATTACHMENT**Oct. 22, 2004, 8:30 a.m. - 4:30 p.m.**

Glen Cooper, Marycliff Institute

Location: Univ. of Idaho-Student Union Bldg., Moscow, Idaho

Fee: \$45 before 10/1/04, \$55 after

Registration and Contact Info: Young Children and Family Programs of the Palouse (YCFP) 208-883-6454 or email: ycf@ycfprograms.org to download registration form <http://www.ycfprograms.org>**CELEBRATING THE YOUNG CHILD (FAMILIES TOGETHER FOR PEOPLE W/DISABILITIES NW REGION PRESENTS)****Oct. 22-24, 2004**

This Family Enrichment Weekend will specifically address the unique issues for families that have children in preschool and elementary school.

Location: The Compton Union Building, Washington State University 113C Smith Gym, Pullman, WA

Fee: \$250

Registration Information: 1-866-326-4864 or visit www.familiesTogether.org or irenel@moscow.com**WSFN REGIONAL CONFERENCE:****TRANSITIONS THROUGH TIME**

Assisting Children with Special Needs in Preparing for Their Future • Three-part Series \$10 per session

PART 1: BIRTH THROUGH SIX YEARS**Sept. 25, 2004**

Location: St Luke's Rehabilitation Institute, 711 S Cowley Street, Spokane, WA

Registration deadline: Sept. 13, 2004

PART 2: SIX THROUGH TWELVE YEARS**Oct. 23, 2004**

• Location: Shriners Hospital for Children, 911 W Fifth Ave., Spokane, WA

Registration deadline is Oct. 11, 2004

Registration and Contact Info: Tomie Zuchetto, CTRS, Shriners Hospitals for Children-Spokane, 509-744-1236, tzuchetto@shrinenet.org**PART 3: TWELVE THROUGH 21 YEARS****Nov. 20, 2004**

• Location: Shriners Hospital for Children, 911 W Fifth Ave., Spokane, WA

Registration deadline: Nov. 8, 2004

Registration and Contact Info: Tomie Zuchetto, CTRS, Shriners Hospitals for Children-Spokane, 509-744-1236, tzuchetto@shrinenet.org**SHARING THE JOURNEY****Oct. 23, 2004, 8 a.m. - 6 p.m.**Washington State Fathers Network 9th Annual Statewide Conference. All men involved with children who have special needs are invited to attend.

Location: Seattle Central Community College

Registration Information: call 425-747-4004, ext. 4286 or register online at www.fathersnetwork.org**WASHINGTON AEYC****Pre-conference, Oct. 27, 2004****Conference, October 28 - 30 Spokane, WA**

Thursday Keynote, Dr. Debra Sullivan,

Friday Keynote, Bev Bos,

Saturday Keynote, Jan Faulk

Brochures available at www.waeyc.org or

call 253-854-2565, ext. 13 for more information.

MOTHERS AND NEWBORNS EXPOSED TO DRUGS IN PREGNANCY: ASSESSMENT AND INTERVENTIONS**Nov. 2, 2004**

Maternal assessment techniques research on maternal/fetal effects and treatment options.

Location: Deaconess Medical Center, Spokane, WA

Contact: 509-474-7206, or 1-800-442-8533

Fee: Yes

UNDERSTANDING THE PHENOMENON OF LEARNING & READING DIFFICULTIES**Nov. 13, 2004 8 a.m. - 3 p.m.**

Featuring Dr. Mel Levine, one of America's top learning specialists

Location: Kane Hall, University of Washington

Fee: Members \$85 if postmarked by Oct. 15, \$100 after Oct.

15., Non-Members \$115 before Oct. 15, \$130 after Oct. 15

Continental Breakfast and box lunches provided

Registration Information: www.interdys.org or mail fee to WA State

Branch of the International Dyslexia Association (WABIDA) Box

1247 Mecer Island, WA 98040, Write Checks to IDA

CALMING TECHNIQUES FOR MANAGING STRESSFUL TIMES**Nov. 17, 2004, 6:30 p.m.- 9:00 p.m.**

The class will help adults and children to manage stress, create new, healthier patterns in any area of life. Learn how to teach children, childcare providers and parents' skills to reduce anger and frustration when you or they feel out of control before a child is hurt.

Location: Spokane Regional Health District, 1101 W College Ave.

Conference Rooms 310 & 311, Spokane, WA

Registration and Contact Info: Sandy Poole, 509-324-1686, or

email, spool@s SpokaneCounty.org**INUIT AND NATIVE AMERICAN CHILD HEALTH: INNOVATIONS IN CLINICAL CARE RESEARCH AND THE 17TH ANNUAL INDIAN HEALTH SERVICE RESEARCH CONFERENCE****April 29 - May 1, 2005**

Participants will have the opportunity to share ideas on culturally effective health care delivery models, present research findings, and dialogue about strategies to improve health.

Location: Seattle, WA

Fee: Yes

Contact Info: <http://www.aap.org/nach>

Top Ten Must Reads!... Considering Natural Environments

- McWilliam R. A. (1992). The family-centered intervention plan: A guide for classroom-based early intervention. Tucson, AZ: Communication Skill Builders. (Note: Out of print. Available from www.VanderbiltChildDevelopment.us)
- McWilliam, R. A., & Scott, S. (2001). A support approach to early intervention: A three-part framework. *Infants & Young Children*, 13(4), 55-66.
- McWilliam, R. A., Tocci, L., & Harbin, G. L. (1998). Family-centered services: Service providers' discourse and behavior. *Topics in Early Childhood Special Education*, 18, 206-221.
- Sandall, S., McLean, M. E., & Smith, B. J. (Eds.), DEC recommended practices in early intervention/early childhood special education. Denver, CO: DEC.
- S. Sandall & M. Ostrosky (Eds.), *Young Exceptional Children Monograph Series No. 2: Natural Environments and Inclusion*. Denver, CO: The Division for Early Childhood of the Council for Exceptional Children
- Harbin, G. L., McWilliam, R. A., & Gallagher, J. (2000). Services to young children with disabilities: A descriptive analysis. In S. J. Meisels, & J. P. Shonkoff (Eds.), *Handbook of early childhood intervention*, 2nd edition (pp. 387-415). Cambridge: Cambridge University Press
- S. Riefel (Ed.; C. J. Dunst & M. Wolery, Guest Eds.), *Family policy and practice in early child care (Advances in Early Education and Day Care, Volume 7)*. Greenwich, CT: JAI Press.
- McKnight, J. (1996). *The careless society: Community and its counterfeits*. New York, NY: Basic Books.
- McWilliam, R. A. (Ed.) (1996). *Rethinking pull-out services in early intervention: A professional resource*. Baltimore, MD: Paul H. Brookes. (Note: Out of print. Available from www.VanderbiltChildDevelopment.us)
- McWilliam, R. A., Snyder, P., Harbin, G. L., Porter, P., & Munn, D. (2000). Professionals' and families' perceptions of family-centered practices in infant-toddler services. *Early Education and Development*, 11 (Special Issue: Families and Exceptionality), 519-538.

The Guide to the Internet is now online in Spanish and English. You can download either a PDF or Word version from the Center's website at: <http://www.cshcn.org/resources/living.cfm#internet>. Or you can just view the PDF version here: <http://www.cshcn.org/forms/guidetointernet.pdf>.

This guide was developed for families of children with special needs from the "Empowering Parents of Children with Special Health Care Needs: Harnessing the Power of the Internet" project funded by a grant from the National Network of Libraries of Medicine.

DID YOU KNOW THAT...

- CHILD (Children's Health, Immunization, Linkages and Development) Profile, a program of the State Department of Health, provides parents, with children age birth to six, with ongoing health mailings specific to their child's age. The mailings provide current health, safety, development milestones information and tips/suggestions to enhance children's development. The purpose of the mailings component of CHILD Profile is to encourage parents to get needed preventive health services for their children, including well-child checks and immunizations and to identify children's health problems early, when they are potentially easier and less expensive to treat.
- Included in CHILD Profile mailings is a CHILD Profile Health & Development Record which families can use to track important medical, dental and developmental information, visits to their health care provider, as well as a section to record hearing and vision results. As the IFSP is developed and the health status documented, FRCs face the ongoing challenge of obtaining needed information in a timely manner. FRCs are encouraged to ask parents if they are using the CHILD Profile Record Booklet. It may be one more option to use to collect some health status information for children receiving early intervention services.
- If families are not receiving the free CHILD Profile health information mailings and would like to sign up to receive them, please have the family call Healthy Mother's Healthy Babies at 1-800-322-2588. More information is available at the CHILD Profile

Website: <http://www.childprofile.org/>.



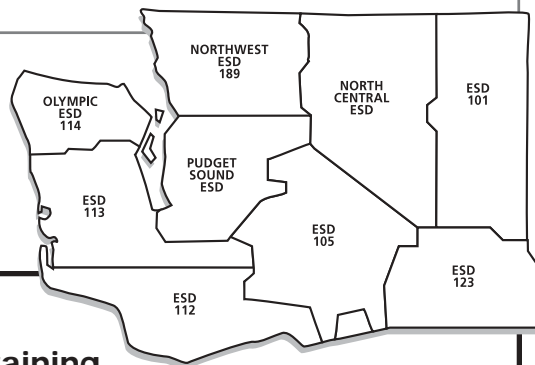
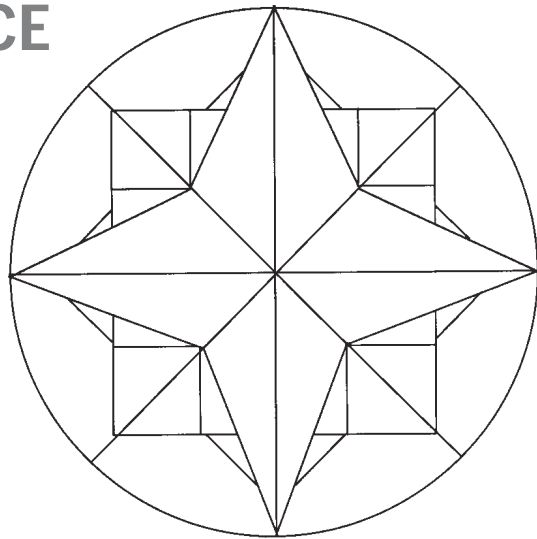
WASHINGTON ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN

**WASHINGTON AEYC'S
28TH ANNUAL CONFERENCE**

**LOOKING THROUGH THE
KALEIDOSCOPE**

OCTOBER 28-30, 2004

Spokane, Washington
(253) 854-2565 • (800) 727-3107



**Registration Form
Family Resources Coordinator Training**

Name _____

Organization _____ Position _____

Address _____ City _____ State _____ Zip _____

Work Phone _____ Fax _____ Home Phone _____

E-mail _____ County _____

Session/Date attending _____ ESD attending _____ Fee \$ _____

Make check/PO payable to ESD 112 Payment Method: Check _____ PO _____

Please mail or Fax registration form to
Educational Service District 112 • Connie Salzman
2500 NE 65th Ave • Vancouver, WA 98661-6812
1-800-562-1711 • FAX: (360) 906-1010
(360) 750-7500 ext. 236
Account Code # 12-16-05-542

ESD 112 complies with all state and federal rules and regulations and does not unlawfully discriminate on the basis of race, color, creed, religion, national origin, age, sex, marital status, or the presence of any sensory, mental, or physical disability. This holds true for all district employment and opportunities, and service delivery systems. Inquiries regarding compliance and/or grievance procedures may be directed to Human Resources Director (360) 750-7503. Any questions regarding access to written materials, facilities, or programs should be directed to Carol Hall, (360) 750-7500

Educational Service District Contacts

Carol Hall - Lead ESD
Educational Service District 112
(360) 750-7500
carol.hall@esd112.org

Karen Weakley
Educational Service District 123
(509) 547-8441
kweakley@esd123.org

Mimi Keller
Puget Sound ESD
(206) 439-6936
mkeller@psesd.org

Maureen Lyden
Educational Service District 101
(509) 456-7086
mlyden@esd101.net

Carrie Stokes
North Central ESD
(509) 665-2625
carries@ncesd.org

Faye Fuchs
Educational Service District 105
(509) 454-3108
fayeff@esd105.wednet.edu

Carol Taylor
Northwest ESD
(360) 299-4012
ctaylor@esd189.org

Mary Perkins
Educational Service District 113
(360) 586-0212
mperkins@esd113.k12.wa.us

Mary Fischer
Olympic ESD
(360) 478-6866
mfischer@oesd.wednet.edu

ITEIP Program Liaisons

Walt Bowen
(360) 902-8463
BwenWB@dshs.wa.gov

Kathy Blodgett
(360) 902-8494
BlodgeKA@dshs.wa.gov

Kathy Grant-Davis
(360) 902-8493
GrantKE@dshs.wa.gov

The Starting Line

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Editor Carol Hall, ESD 112
Phone (360) 750-7500, Ext. 275
FAX (360) 906-1010

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Department of Social & Health Services

Please add me to your postal mailing list:

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Title: _____

Affiliation: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

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The Starting Line

Early Intervention Training News

The Infant Toddler Early Intervention Training Program



**EDUCATIONAL
SERVICE
DISTRICT 112**

2500 NE 65 Avenue
Vancouver, WA 98661-6812