



2022-23 Annual Report





1-2-3 Grow and Learn is a **FREE** drop-in resource for **ALL** families with children ages birth to five years old.

This caregiver-child playgroup takes place in community locations, including local elementary schools, offering children opportunities to build necessary skills. Children and families engage in activities to support growth and development, practice social skills, connect with neighborhood schools and community partners, and network with other caregivers. By increasing familiarity with the school and community partners, we see caregivers more engaged and children eager to learn.

According to Washington Kindergarten Inventory of Developing Skills (WaKIDS), less than 50% of children in Washington state enter kindergarten ready for success in all six domains of development and learning. 1-2-3 Grow and Learn focuses on activities that promote school readiness through age-appropriate activities and experiences.

Our playgroups are based on the philosophy that caregivers are the most important people in a child's learning and development. To honor this, our sessions are designed to empower the adult attending with the child to learn alongside them and take home ideas on how to expand on the learning. According to adults who attend 1-2-3 Grow and Learn sessions, participating children see a 60% increase in their ability to stay focused and a 70% increase in their ability to share with others.

Funding for 1-2-3 Grow and Learn

Our weekly playgroup sessions were funded through the following contracts and grants in 2022-2023:

- Vancouver Public Schools
- Washougal School District
- Child Care Aware of Washington
- Clark County Mental Health Sales Tax Grant

If you are interested in contracting with us or have questions about the program, please reach out to Michelle Aguilar at 360-952-3363.

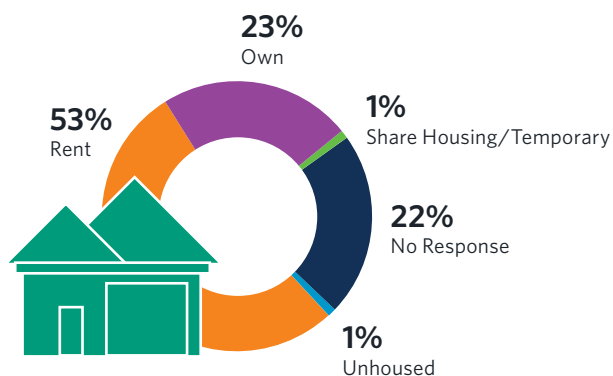
Our Objectives

- ★ Engage in activities that promote child growth and development.
- ★ Connect families to each other, promoting interdependence and community.
- ★ Connect with neighborhood schools and their staff.
- ★ Gain access to community partners and their resources.
- ★ Offer the Ages and Stages Questionnaire, Third Edition (ASQ-3) developmental screening tool.
- ★ Utilize Washington State Early Learning and Development Guidelines (ELDGs) and build Executive Functioning Skills.

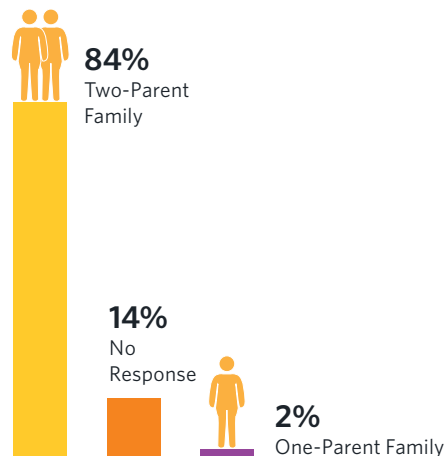


Participant Demographics

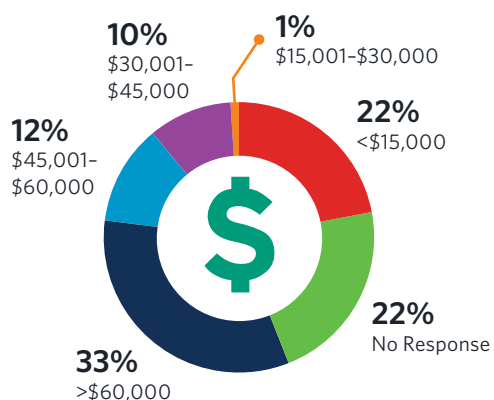
Housing



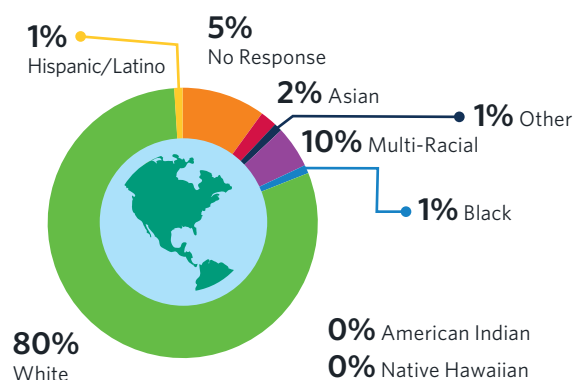
Parental Status



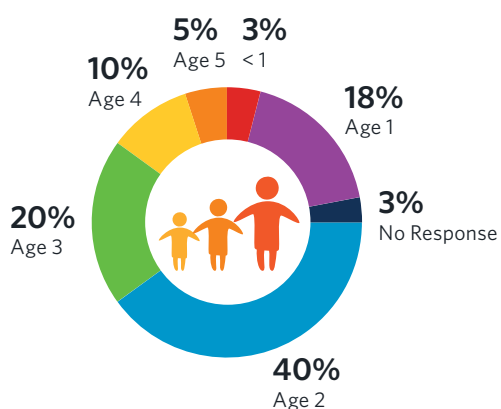
Annual Income



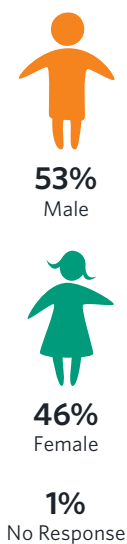
Ethnicity



Ages



Gender



Primary Language





Playgroup Participation

Total number of kids, caregivers,
and sessions:

586

distinct kids
served, ages
0–5 years

575

distinct
caregivers

508

sessions with
families

3,559

total child
connections

3,024

total caregiver
connections

Caregiver comments about playgroups:

“

This program is a core memory
for my kiddo and should be
encouraged for all the little kids!

”

“

I see changes in my daughter daily by
mimicking others' behaviors and watching
her come out of her shell.

”

“

My daughter is
excited to go and
was sad when
we were sick
for a month and
missed it.

”

“

The staff and the
activities they planned
encouraged skill-
building in my son,
helping with his speech
and socialization.

”

“

It has helped my
child learn social/
emotional skills and
given us something
positive to do.

”

“

Great activities and crafts. Amazing staff.

”

“

He talks about it all the time and
is always excited to come.

”

“

Arts and crafts are
always a hit with my
granddaughter.

”

“

My son has learned
how to play and
interact with other
children since
attending.

”

“

I love this
program.
I've learned
techniques to
implement with
my kid.

”

Child & Caregiver Survey 2022-23

Children who attended 1-2-3 Grow and Learn playgroups were observed, and caregivers were asked eight questions about their child(ren). They either marked 'increased' or 'same'. The caregivers (parents/guardians) were also surveyed about their own behaviors and feelings.



Skills Assessed

Q: Since attending 1-2-3 Grow and Learn, the caregiver's child(ren) had an increase in these areas...

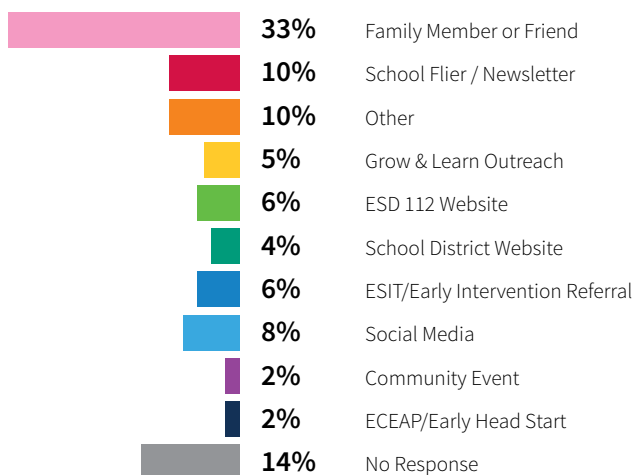
- | | |
|--|-----|
| 1. Is willing to play with others in group settings | 78% |
| 2. Tries different ways to solve problems | 70% |
| 3. Is able to smoothly transition between activities | 68% |
| 4. Is able to communicate their needs | 67% |
| 5. Is able to follow routines | 76% |
| 6. Uses calming strategies | 52% |
| 7. Shares with other children | 68% |
| 8. Is able to control impulses | 48% |

Caregivers Surveyed

Q: Since attending 1-2-3 Grow and Learn, caregivers had an increase in...

- | | |
|---|-----|
| 1. Understanding of the importance of playing w/ their child | 69% |
| 2. Strategies to redirect or manage their child's behavior | 65% |
| 3. Understanding of how to support their child's growth and development | 74% |
| 4. The amount of time they spent doing activities their child chooses | 70% |
| 5. Knowledge of child development | 71% |
| 6. Their confidence as a caregiver | 64% |
| 7. Connection to the school & staff | 82% |
| 8. Connection to other families | 72% |
| 9. Knowledge to help their child prepare for school | 74% |
| 10. Knowledge about local resources and who to ask | 79% |

How did you hear about 1-2-3 Grow and Learn?



Our Framework

We use the latest research and guidance in early childhood development as our framework for structuring activities.

Washington State Early Learning and Development Guidelines

Washington State created the Early Learning Development Guidelines to support families and other adults in a child's life to understand the six developmental domains that all children work within to gain knowledge and skills necessary for school and life.

The Guidelines are organized by age and provide a progression of developmental tasks and learning across the areas of development, along with activities to support their growth. The six areas are:



**About me, my family
and culture**



**Touching, seeing, hearing,
and moving around**



**Communicating
(literacy)**



Building relationships



Growing up healthy



Learning about my world

1-2-3 Grow and Learn uses these guidelines as a foundation for planned learning activities as well as to provide opportunities to engage parents and caregivers in children's learning and development.

Executive Function

Executive Functions are a set of skills that children develop over time to help them function in daily life. These skills are necessary for problem solving, taking turns, and following directions. These skills include:



Working Memory:
the ability to hold
information, recall it,
and use it



Inhibitory Control:
the ability to pause and
process before reacting to a
situation or temptation.



Cognitive Flexibility:
the ability to make
changes to routines
and priorities.

To help children enhance these skills, we use activities and techniques that help them recognize and practice these skills. Activity cards provide information about skills that are being practiced, and the intent is for the facilitator to point them out to both the children and the adults in the room.



ASQ-3 Developmental Screenings

The Ages and Stages Questionnaires, Third Edition (ASQ-3), is a developmental screening tool that pinpoints developmental progress in children between the ages of one month to 5 ½ years.

Evidence shows that the earlier development is assessed, the greater the chance a child has to reach their potential.

- ★ Over the last year we offered ASQ-3 screenings. In partnership with the caregivers, we completed **265** screenings.
- ★ Of those completed, we referred **98** children to additional services through Early Support for Infants and Toddlers or through the child's home school district.

1-2-3 Grow and Learn Staff



JULIE JACOBSON
Program Coordinator



ERIN MAHER
ECE Specialist



TANYA ENGLISH
ECE Specialist



MICHELLE KLINSING
ECE Specialist



LIBBY GRIFFITH
ECE Specialist



ASHLIE CHAMBERLAIN
ECE Specialist



SALLY REPMAN
ECE Specialist



KARI HATCH
Mental Health Consultant

Caregiver comments about our amazing staff:



Very attentive, very knowledgeable, able to answer questions/ give advice.



The teachers are wonderful, friendly, and enthusiastic about learning.



They are so kind & interact well with the kids and get the kids engaged in the activities.



Connecting families to community resources, conducting developmental screenings, and promoting school readiness.



EDUCATIONAL SERVICE DISTRICT 112

For a current list of 1-2-3 Grow and Learn locations, scan the QR code or visit www.esd112.org/ece & click 1-2-3 Grow and Learn.



2500 NE 65th Ave., Vancouver, WA 98661 • esd112.org/ece • (360) 952-3466