

Self-Administration of Asthma and Anaphylaxis Medications

Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by an allergist/immunologist.

It is the policy of the Board that child and youth program participants with asthma or anaphylaxis are afforded the opportunity to self-administer prescribed medications. The child's or youth's parent or guardian will submit a written request and other documentation required by the ESD. The child's or youth's prescribing health care provider must provide a written treatment plan.

The child or youth must demonstrate to the ESD's registered nurse that the child or youth is competent to possess and self-administer prescribed medications when participating in ESD programs.

The Superintendent will establish procedures that implement this policy and follow emergency rescue procedures outlined in the most recent edition of *AMES: Asthma Management in Educational Settings*, in cases of suspected asthma and the emergency rescue procedures outlined in the Office of the Superintendent of Public Instruction's *Guidelines for the Care of Students with Anaphylaxis (2009)* in cases of suspected anaphylaxis.

Legal References:

42 U.S.C. 280 Public Health Service Act
42 U.S.C. 12212 Section 512 Americans with Disabilities Act of 1990
34 CFR Part 104 Section 504 of Rehabilitation Act of 1973
RCW 28A.210.370 Students with Asthma
RCW 28A.210.310 Anaphylaxis-Policy guidelines-Procedures-Reports

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