

Fall & Winter 2022-2023 NEWSLETTER









In collaboration with the Lyle School District



ACTIVITIES

These past few months have been primarily focused on building community culture while establishing group norms and daily/weekly routines. An initiatory game came through this process which we call the "REACH Family Values Game." Each member of the group draws a mystery value card and is tasked to learn more about their value and share it with the rest of the REACH team as we learn what it means to co-create a family culture within the program.

Some other routines to note include students sharing gratitude before snack, group storytime (we just started "Peter Pan"), crafting and compiling personal journals, and earning REACH Rewards (beads) when they work together and cooperate. Students will soon have a chance to tally their beads and exchange them for special prizes!

We have also been learning about the seasonal cycles in relation to the sun and moon while honoring various cultural customs throughout the seasonal calendar. Some of our activities involved carving pumpkins during Halloween, crafting a Native American Heritage mural during the fall harvest, singing holiday carols right before winter break, and playing a moon phases game for the Lunar New Year.



Right before winter break we managed to squeeze in a baking activity with our good friend Debi Budnick from Skyline Health. She supported a small group of students in baking a delicious batch of muffins, teaching them how to follow instructions from a recipe and to utilize their math skills by doing fractions and measuring out ingredients with the proper measuring tools. The best part was mixing all the ingredients together! And eating the yummy muffins too, of course;)

COMMUNITY CONNECTIONS

While our new program coordinators were getting their foundations set, REACH received an immense amount of support from the Lyle School community. The Lyle School kitchen staff continues to support with snacks while school custodians help manage the space. The bus team juggles shifting routes while the office and teachers keep communications clear. It really does take a village, and we're deeply grateful for everyone at the school for their ongoing support!





Students learning to make muffins.





In addition, the school's art teacher, Ann Scott, volunteered to help students make pinch pots as holiday gifts. She introduced students to working with clay, helping them mold and glaze their own designs while taking care of the firing process on her own time. Furthermore, REACH's very own Program Director, Heather Lopez came in to share her experience working with traditional foods and medicines, teaching students about native plants and how to care for them. Students got to blend medicinal teas, listen to native stories, and indulge in fry bread and rosehip jam. Yum!

PARENT EVENTS

This fall, we had the opportunity to host two family events. In November, we had parents join us during the program to eat food and celebrate Native American History Month by co-creating a mural. The next parent event we had was Coco, Crafts and Carols. Parents were invited in to make crafts, drink hot coco and sing carols. We love having our parents join us for events and program activities.

UPCOMING EVENTS

This February, we are planning on having a parent night to celebrate Black History Month. Families are invited on Friday, Feb 24th we will offer dinner and a movie.



Students making pinch pots for the Holidays.



Learning about Native American History by creating a mural.

Student Highlight

DYLAN REYNOLDS

(3RD GRADE)

What is your favorite thing about REACH?

"Seeing my friends."

What is something fun you did at REACH recently?

"We played on the football field."

What have you learned recently?

"To be calm."



