



Fall/Winter 2018-19

NEWSLETTER



REACH is a program of Educational Service District 112



FALL ACTIVITIES

Lyle Secondary REACH students start each program day with a warm welcome and open circle student-led icebreaker activity with REACH staff. Our Secondary program is an inviting place in which students feel safe and enjoy time with their peers. There is additional homework support provided for students along with a healthy snack. Students have enjoyed taking on leadership roles by leading discussions and icebreaker activities. Also this year they established their own expectations and guidelines for students to follow. They worked on making posters to hang up throughout the library reminding everyone of these expectations. For example, one of their favorite acronyms is THINK; T- is it true, H- is it helpful, I- is it inspiring, N- is it necessary, and K- is it kind. This is a great reminder that we always treat those around us in a kind way by using positive language.

COMMUNITY CONNECTIONS

Lyle Secondary program has had the opportunity to work with grant partner Abby Brandt from Klickitat County YAY-4-H nutritional program. Students have gone through a two-day training course covering all of the nutritional curriculum, icebreaker activities, and reading materials that they will be teaching and mentoring to Dallesport Elementary students. There will be six sessions where the Secondary students will mentor the Elementary students. So far they have had two sessions covering the important food groups, using math, and breaking down how much sugar is in sugary drinks. They loved this one: yummy smoothie making with healthy options. They also made a colorful black bean salad. Secondary students have been doing an excellent job demonstrating leadership skills, and taking healthy risks by reading in front of a large group and leading activities. The Elementary students are so engaged and love all of the activities planned. We look forward to continuing our collaboration with Abby and Dallesport Elementary.

FEATURED PARENT EVENT

Klickitat County Sheriff Bob Songer attended our KLASAC Parent Event regarding the risks, dangers, and concerns of vaping. This was a parent event presented by grant partner KLASAC that presented a very informative Powerpoint and materials that allowed parents and other attendees to become familiar with vaping gadgets. This was definitely a parent event that we would love to host again.

UPCOMING EVENT

We are planning on collaborating with the Dallesport Elementary program and grant partner Debi Budnick from Skyline Hospital to do an activity learning about the science of culturing bacteria on a petri dish. Students will collect the samples and send them off to Skyline. Two weeks after the samples are collected we will take a field trip to Skyline and see what they look like, and how much they have grown...



FEATURED FIELD TRIP: REACH KICK-OFF EVENT

The REACH Program Kick-Off Event was a success! Parents, students, REACH Staff and grant partners came together to celebrate the benefits of REACH. We joined our friends from Sternwheeler and Cascadia Education Adventure for a fun afternoon activity featuring the Sternwheeler Challenge with different mystery categories highlighting fun facts and trivia in mathematics, history, geology, biology, engineering, economy and anthropology!



Student Highlight



LILLY BAKER (8TH GRADE)

What is your favorite thing about REACH?

"Being able to get my work done, have fun with my friends, and learn new things that will help me in the future."

What is something fun you did at REACH recently?

"We got to make a delicious Valentine's cake, and made it a challenge in groups. It was a ton of FUN."

What have you learned recently?

"I learned that I need to start drinking and eating things with less sugar, and I learned there is way more sugar in the things I drink often than I thought."



Lyle Secondary